



The Loft Bar & Grill

Table D'Hote Menu

Starters

Soup of the Day

Fantail of Melon with strawberries and a fruit coulis

Crab with avocado, mango and a fennel creme fraiche

Chicken, beef tomato and mozzarella bruschetta with basil dressing

Mains

Medallions of Beef with a mushroom and bacon cream sauce

Oven baked Salmon with baby spinach and a hollandaise sauce

Pan fried Fillet of Plaice with lemon butter

Supreme of Chicken with herb stuffing, wrapped in bacon in a red wine & mushroom sauce

Penne Primavera (V)

All mains served with selection of vegetables, choice of potatoes or salad

Dessert

Baked Apple Tart with fresh cream

Baileys Cheesecake

Freshly brewed Tea or Coffee

Two Course ~ € 18.95

Three Course ~ € 21.95

The Abbey Tavern, Howth, County Dublin, Ireland.

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